



What We Can Do At Home-4

Transportation

- Learn how to rely less on your car. Try not using your car for a day, week, or month.
- Carpool, combine trips
- Use a bike, get a basket or cart so you can carry groceries.
- Get in shape, ride your bike whenever possible to get around town.
- Take the bus for longer trips, learn how you could connect to trains.

Shopping

- Shop locally.
- If you need to travel out of town to obtain an item, go to a local store and tell the store owner what you need for them to carry.
- Before buying new items, look for used, hold exchanges; give unwanted items to second hand shops.
- Learn how to fix things, share your knowledge, keep materials for the future, before discarding review whether it is possible to keep screws, bolts, etc.
- Learn carpentry and metal working so you can make things yourself

Entertainment

- Learn to play an instrument, play with others.
- Learn to act, join a theater group.
- Learn how to paint, draw, carpentry, ceramics, sewing, needlepoint, knitting.

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